

On a Wing and a Prayer

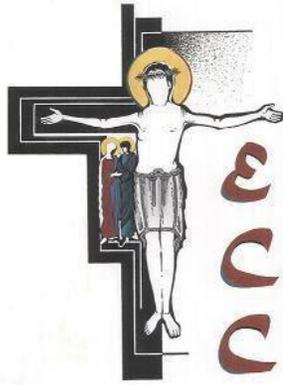
March 2016

Guardian Angels Catholic Community – Just. Faithful. Catholic.

www.guardianangelscatholiccommunity.org

<https://www.facebook.com/GuardianAngelsCatholicCommunity>

Join us for Mass every Sunday at 9AM and every Wednesday at 7AM



THE ECUMENICAL CATHOLIC COMMUNION -- A Wonderful Way of Being Catholic!

<http://www.ecumenical-catholic-communication.org/>

Prayer on the Lenten Journey

We travel through deserts and despair
As we focus on how Christ was crucified.
And is crucified in the world today.

We agree to make this journey, this pilgrimage,
And to leave life as usual, business as usual,
To pay attention, to be present to pain and suffering.

The journey to the Light of Easter can only go this way.
We choose to learn this hard truth,
To accept the ashes,
To witness the darkness,
To walk the way of the Cross
As it happens in our world.

Let us journey together, open to the world,
So we may be renewed and help bring to all
The renewal of Resurrection. AMEN

LENT Lent LENT Lent

Guardian Angels Calendar March 2016



SUN	MON	TUE	WED	THU	FRI	SAT
<p>28 3RD SUNDAY OF LENT MASS 9AM PRESIDER/PREACHER: ED</p>	<p>29 </p>	<p>MARCH 1</p>	<p>2 MASS 7AM</p>	<p>3</p>	<p>4</p>	<p>5</p>
<p>6 4TH SUNDAY OF LENT MASS 9AM PRESIDER/PREACHER: SUE</p>	<p>7</p>	<p>8</p>	<p>9 MASS 7AM</p>	<p>10</p>	<p>11</p>	<p>12</p>
<p>13 5TH SUNDAY OF LENT MASS 9AM PRESIDER/PREACHER: ELAINE</p>	<p>14</p>	<p>15</p>	<p>16 MASS 7AM</p>	<p>17  St. Patrick's Day</p>	<p>18</p>	<p>19</p>
<p>20 PALM/PASSION SUNDAY MASS 9AM PRESIDER/PREACHER: ED LEADERSHIP COUNCIL MEETING AFTER MASS TODAY PAZ DE CRISTO 4PM</p>	<p>21 HOLY WEEK</p>	<p>22 HOLY WEEK</p>	<p>23 MASS 7AM</p>	<p>24 8AM – 4PM  Holy Thursday Foot Care Clinic 7PM Service with Community Christian</p>	<p>25 GOOD FRIDAY SANCTUARY OPEN FOR PRIVATE PRAYER ALL DAY EVENING PRAYER @ 6:30PM FOLLOWED BY VENERATION OF THE CROSS</p>	<p>26</p>
<p>27 EASTER SUNDAY SUNRISE MASS 7:30AM PRESIDER/PREACHER: SUE CELEBRATE ANN CONNOLLY'S BAPTISM!</p>	<p>28 </p>	<p>29</p>	<p>30 MASS 7AM</p>	<p>31</p>	<p>APRIL 1 </p>	<p>2</p>
<p>3 2ND SUNDAY OF EASTER MASS 9AM PRESIDER/PREACHER: ELAINE</p>	<p>4</p>	<p>5</p>	<p>6 MASS 7AM</p>	<p>7</p>	<p>8</p>	<p>9 <u>I-HELP WALK/RUN FOR THE HOMELESS</u></p>

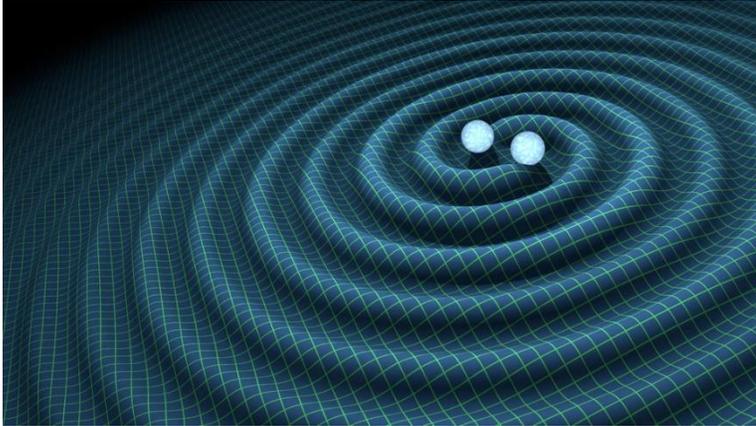
Join Guardian Angels Team for the April 9th I-HELP Walk/Run -

<https://www.crowdrise.com/guardianangelscatholiccommunity>

March Birthdays – 2 - Jeff Green, 3 - Robert Longoni, 8 - Emily Ghan, 21 - Valerie Hernandez, 23 - Vivian Longoni, 27- John Mitman, 31 - Tom Velie

March Anniversaries: 17 - Valerie Hernandez & Stan Kikkert's, 26 - Emily Ghan/John Mitman's Anniversary 3/26/11 – Happy Fifth Anniversary Em and John!!!

send your birthdays/anniversaries/other remembrance days to Becky: rgkeck1@yahoo.com



Our Peter is the moderator of this fascinating discussion on Thursday, March 3! Click on the link for more info.

<https://www.eventbrite.com/e/gravity-waves-it-matters-tickets-22280724246>

Trail Angels!

On a recent Sunday morning, the Guardian Angels congregation was gifted with a beautiful homily by guest speaker, Pastor Rosa Buffone. She was visiting Arizona on a retreat-sabbatical from Holy Spirit Catholic Community in her beloved hometown of Boston. Trips to Sedona and Tucson left her spellbound by the beauty of the desert. So, Rosa eagerly agreed to join a group of Guardian Angels trekkers for a romp around South Mountain later in the week. Oh, what fun we had!

The sunrise welcomed us at the Pima Trail on the eastern slopes of South Mountain with the promise of spectacular views and good conversation with our new trail angel, Rosa. We headed for the National Trail which led to the breathtaking Hidden Valley area surrounded by boulders and cholla along a winding path that eventually crosses the entire range. Once we arrived at the Mormon Loop Trail to take us back to our cars, we stopped to enjoy snacks and marvel at how blessed we are to enjoy such beauty right in our own backyard! Bundled up like a snow bunny, Rosa soon shed her down jacket and fully embraced the warmth of the sun on her face. Going back to Boston with a tan is, well, always fun!

According to Barb's fit-bit wristband, we covered 6+ miles, climbed umpteen stairs and burned about 800 calories. We were starving! Off to lunch at Desert Botanical Garden. It was a perfect ending to a delightful morning. Thank you, Pastor Rosa, for all the goodness you shared with the Guardian Angels, on and off the trail. – Sandy Hume





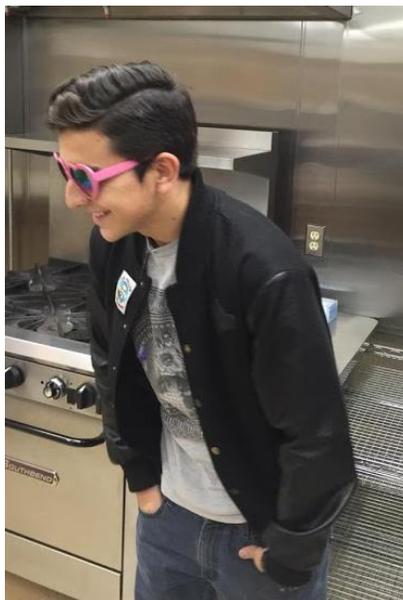
**ANGELS BELIEVE IN LOVE AND HAVE JOINED THE *LOVE GLASSES REVOLUTION!*
WE CHOOSE TO SEE THE WORLD WITH EYES OF LOVE!
WE REFUSE TO RESPOND TO HATE, IGNORANCE, FEAR WITH ANYTHING BUT LOVE!**

Take the Love Glasses Revolution Pledge:

When we wear our LOVE GLASSES:

- 1. We choose to SEE the world with our LOVE GLASSES, viewing the world on our terms, repelling the negativity around us and increasing random acts of kindness and understanding that those small acts make a large impact. We view life as a gift and we live each day with gratitude and tolerance.**
- 2. WE SHARE! Literally share all the GOOD and random acts of kindness on facebook and Instagram using #LoveGlassesRevolution. They can be selfies, stories, good deeds. Share the good, share wide and share far. Share the LOVE!**

<http://www.loveglassesrevolution.com/>







Lent Continues at Guardian Angels...prayer, fasting, alms-giving

We have our daily **prayers** in our Little Black Books...and we gather for community prayer at Sunday and Wednesday Mass.

I am a witness to **"not fasting"** this Lent in that my family and I have been treated to some delicious meals created by many of you. So food is taking on a different meaning for me and maybe all of you this Lent...the gift of sharing food and giving physical and spiritual nurturing to others is something I've been gifted with this Lent...reminding me of the love and support I feel from my beloved community - Guardian Angels. Thank you.

So that leaves **alms-giving**. We have two opportunities to offer you. Just as we did last year, this year on Holy Thursday, March 24 we will again host a Foot Care Clinic for our homeless friends. We will be joined by ASU Nursing Students who will be available to treat foot problems - the number one health problem facing homeless people. People will be able to soak their feet, get toe nails cut and get wounds and blisters treated. When we have done this in the past we have been heart broken by the condition of some of our friends' feet...people who were too afraid to take off their shoes when they slept for fear of them being stolen...and this practice actually caused shoes/socks to grow into foot sores leading to the need for lengthy soaking, peeling back layers of rotted cloth and rubber grown into flesh.

Beginning this Sunday, Guardian Angels (and our sister community, Community Christian) will be able to take a tag off the cross in the Narthex at Church that will indicate what we need to gather for the foot care and for our make shift Guardian Angels/Community Christian Shoe Store! We want to be able to give each person who comes at least a couple pairs of socks and well fitting, supportive, new shoes. The tags on the cross will indicate an item that is needed to make this day a success. Along with these items we will also need people to serve that day. We will begin the day with set up at 8AM and clean-up at 4PM. We need help with washing out basins between clients, serving food to our guests - clients and nursing students, helping people find shoes that fit - helping folks try on shoes to make sure they have a good fit and then seeing that they have a couple pairs of clean, new socks. We may also have other things available to give away. (a friend of mine will be bringing some t-shirts). Along with donating supplies, if you are able to work part or all of the day, drop me an email (irreverendsue@gmail.com) with your availability.

And we also have the opportunity to help a local Syrian Refugee family -

Yousef Al-Masri is a father of six, including a special needs baby. He owned a tomato farm in Syria that had been in his family for generations, employed 50 people and when it was bombed he lost it and many friends and relatives were also killed. This family lost everything when the war started. They then spent a year and a half in Jordan awaiting approval to come to this country as refugees. When some local Muslim friends of mine first went to visit them in December, some of the kids didn't have any shoes, they had only one light in their apartment that they had to move from room to room, and no cooking supplies. Even though these conditions were far better than the conditions they told them about back in Syria, my friends knew that with all of us working together, we can help give them a better life here!

They had a holiday drive in December and got them clothes shoes, toys, lights, cooking and household supplies. The kids were so excited! But most of all the family was happy to have my friends visit them. As a new refugee, Yousef is struggling to provide for his family on two jobs that require transportation. He lives about 25 minutes away from his job but it takes him 2 hours on the city bus to get there. Then he takes it for another hour to get to his second job from his first job. Mr. Al-Masri already lost a job once for being late due to the unreliable bus schedule. Please contribute whatever you can to fund a car for the Al Masri family that will help this hardworking father get to work. His bicycle was recently stolen, and although he has secured an AZ driver's license, he is in danger of losing his jobs without a car. Help Yousef stay employed so he can continue to provide for his family. Help him get back on his feet and become successful in his new country that he happily calls his "peaceful home."

New friends here locally have set up a GoFundMe page to help out the family with transportation. <https://www.gofundme.com/gdnd64kc>

Yousef is very adamant about working for what he earns, but he agreed to let his new friends do this. He says he wants to make payments to pay us back for it, but we told him that logistically that would be difficult, so he can "pay it back" by helping someone else out in the future.

Love, Pastor Sue



Holy Thursday
Foot Care Clinic



Foot Care Clinic
@ Community Christian Church,
1701 S College (across from Daley Park)

sponsored by

ASU Community Health Nursing Students,
Guardian Angels Catholic Community and
Community Christian Church

Thursday, March 24

9AM – 3PM

Soak your feet, have the nurses and nursing
students examine your feet and treat any sore
areas

Free new socks

Free new shoes

Free snacks and lunch

The beautiful garden at Paz de Cristo (below) and the beautiful Angels serving at Paz de Cristo!

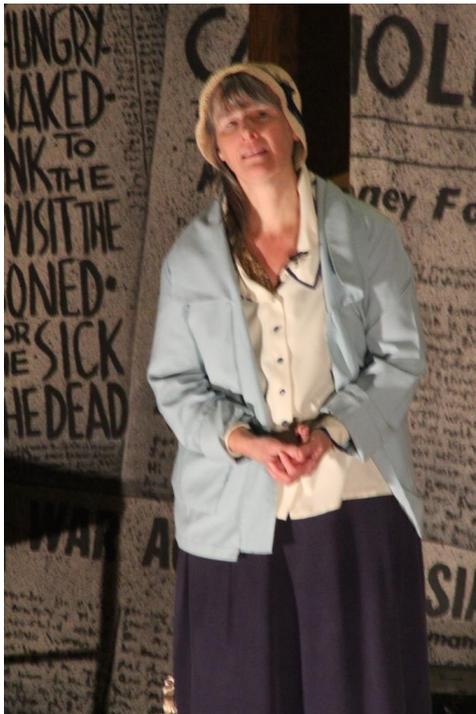


Speaking of Paz...that means Peace...Pray for Peace every day -
<http://peaceprayer.gn.apc.org/>





Haunted by God: The Life of Dorothy Day was mesmerizing! Lisa Wagner Carollo embodied Dorothy from the time she was a young Communist until just before she passed in NYC in 1980. www.stillpointtheatrecollective.org



"All that I ask is that you find a useful task to do, carry it out responsibly and manage somehow not to infuriate those around you."

I-HELP

Walk/Run for the Homeless

5K & 1 mile Walk/Run & Kids Fun Run

Saturday, April 9, 2016

Kiwanis Park, 5500 S Mill Ave., Tempe

**The first race starts at 7:30 AM,
registration begins at 7 AM!**

Participate as an individual or round up a team to help support the only homeless shelter program in Tempe! During the course of the walk/run, you will share in the I-HELP experience, from the first night in the shelter to the finish line — attaining a job and independent housing.

After the run, enjoy local music, food & fun for everyone!!!

Register here: <https://register.chronotrack.com/r/18227>

If you have questions about the event or if you are interested in sponsorship information, please contact the Community Outreach Coordinator, Lexie Krechel: lexiek@tempeaction.org.

 **Tempe Community
Action Agency**
Alleviating hunger, poverty and homelessness